

Apple FASHION

Apple Characteristics: You have a large bust and a less defined waistline. Collect weight around the middle. Slimmer hips and legs, shoulders map appear broader, adding to the sense of balance.

How do you get an apple to look like an hourglass?

DEFINE WAISTLINE

... by creating the illusion of a well-defined waistline to obtain balance between the upper and lower body.



Tops

- *Tops with nipped or belted waists.
- *Square, wide V or U necks.
- *Wrap style tops and jackets.
- *Tops with vertical details.
- *Tops that flare at the hip. (Peplum)

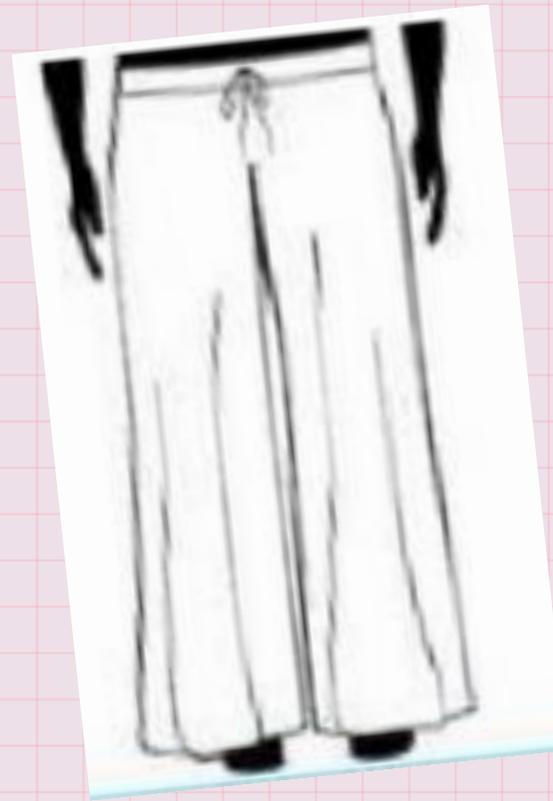


Bottoms



Go for details, such as whiskering, embellished pockets & flap pockets.

Mid-rise waists with wide waistbands.



Pants with full or wide legs.

Cargo or safari pants with pronounced hip and rear pockets.



Full, tiered, flared or bubble skirts.



Choose high-waisted pants to define your waist and draw the eye to your lower half all in one go.

Belted pants accentuate your middle for a well-proportioned shape.



Straight-leg

They float a bit off your body if you're not comfortable with a tighter fit.



Bootcut

This more relaxed style creates a consistent shape through the leg.

Best PANTS

We love anything that makes the legs look longer.

Best JACKETS



Open-front

Jackets without closures flatter your frame by adding long vertical lines.

Long vest

Creates vertical lines to lengthen your midsection.



Long Lapel

Single-breasted styles elongate your chest and neckline even when buttoned.



Structured

Pair long outerwear with an above the knee dress for an unexpected combo.



Off the Shoulder

Bare skin tends to draw the eye, so show off those shoulders when you have a chance.

Empire waist

Brings your waist higher than its natural placement for a dramatic look.



Best DRESSES

Look for styles that draw attention to your shoulders and legs, as well as those that will create a more defined waistline.



Wrap

Fitted that creates a waistline.

Bias-cut

Drapes softly so the fabric emphasizes the body without clinging.



LOOKS & OUTFITS

